



Diary Dates

TERM 4

Fri 11 Oct	Whole School Photo (9.15am) Year 3 Illustrator Visit
Mon 14 Oct	Curriculum Day (Pupil Free)
Wed 16 Oct	Regional Athletics
Fri 18 Oct	District Tennis
Sat 19 Oct	Spring Fair Set Up Day - Volunteers Required
Sun 20 Oct	Spring Fair
Tues 22 Oct	Year 5 Yarning Conference
Wed 23 Oct	Year 1 Melbourne Museum Excursion Year 5 Parliament House Excursion
Thurs 24 Oct	Year 2 Melbourne Museum Excursion Year 5 Parliament House Excursion
Fri 25 Oct	Year 6 Parliament House Excursion
Mon 28 Oct	Year 6 Parliament House Excursion
Fri 1 Nov	Year 6 Parliament House Excursion
Mon 4 Nov	Curriculum Day (Pupil Free)
Tues 5 Nov	Public Holiday (Melbourne Cup)
Fri 8 Nov	Prep Seasonal Garden Discovery Excursion Year 6 Footsteps
Tues 12 Nov	Prep 2025 Parent Information Session (WebEx)
Thurs 14 Nov	Prep Swimming
Fri 15 Nov	Prep 2025 Orientation Year 6 Footsteps
Thurs 21 Nov	Prep Swimming
Fri 22 Nov	Prep 2025 Orientation Year 6 Footsteps
Wed 27 Nov	Year 1 Bugs Galore In-house Activity
Thurs 28 Nov	Prep Swimming Year 2 Bugs Galore In-house Activity
Fri 29 Nov	Year 3—5 Swimming Trials Year 6 Footsteps
Tues 3 Dec	Prep 2025 Play Date
Thurs 5 Dec	Prep Swimming Art Show (5.30pm - 8.30pm)
Fri 6 Dec	Year 6 Footsteps

2024 Term Dates

T4 07/10/24 - 20/12/24

OSHC services will be available via bookings for all curriculum days/pupil free days and early term dismissals

Diary Dates 2024—Continued

Tues 10 Dec	Year 6 - 7 Orientation (Government Schools Only)
Thurs 12 Dec	Year 6 Graduation
Tues 17 Dec	Year 6 Funfields
Fri 20 Dec	Last Day of Term 4

Meeting Dates 2024

OSHC	Wednesday 16 October @ 10.00am WebEx
Fun and Fundraising	Post Fete (TBC) @ 8.00pm Online
Environment	Wednesday 16 October @ 8.00am Jo's Office
Finance	Thursday 17 October @ 10.00am WebEx
Education	Tuesday 15 October @ 7.00pm WebEx
School Council	Wednesday 30 October @ 7.00pm Staff Room

School Council Dates

T4 30 October, 27 November



[Optional Homework](#)



[eSmart!](#)



[Be you!](#)



[Kitchen Garden News](#)

SPORT



[Sport News](#)



[Library News](#)



We would like to remind all students that they are required to wear a sunsmart hat and sun safe clothing from **1 September** until the end of Term 4. Caps do not provide adequate sun protection so please make sure your child has a broad—brimmed or legionnaire style hat. It is also recommended that students apply sunscreen to protect their skin. Singlet and tops with narrow straps are not suitable to wear at school. Hats are available for purchase at the office for \$11.50. Please visit Sun Smart's resources page at

<http://www.sunsmart.com.au/communities/early-childhood-primary-schools/resources-primary-early-childhood>



Asthma Management

An asthma action plan allows you and your doctor to create an individual plan for you to manage your asthma. An action plan advises you about what you must do to stay healthy and what to do when your asthma is unstable and you need help.

There is no 'standard' asthma action plan, as everyone's asthma is different. Your plan needs to be written to deal with your individual triggers, signs and symptoms, and medications.

Your action plan might be based on symptoms, peak flow readings or both.



An asthma action plan outlines:

- How to care for your day-to-day asthma (it lists your regular medications and how many times each day you should take them)
- Key things that tell you when your asthma is getting worse or an 'attack' is developing, and the steps you should take to manage it
- Symptoms that are serious enough to need urgent medical help (with emergency information on what to do if you have an asthma 'attack').

Have your action plan reviewed every six months or after a severe asthma attack.

It is just as important for parents to obtain a clear, succinct, written summary of their child's asthma management (an Asthma Action Plan). This will provide a source of reference to reinforce the advice given by the doctor.

This Asthma Action Plan is also an important tool for anyone caring for your child. It provides up-to-date, detailed information (including your child's emergency first aid plan) to help manage your child's asthma.

A copy of the asthma action plan is to be sent to your child's school, kindergarten, childcare centre or to anyone caring for your child.

When the child is old enough to understand, make sure that you explain asthma to them and encourage them to be aware of their symptoms and how to treat them.

Asthma First Aid

An asthma attack can take anything from a few minutes to a few days to develop. It can be a very frightening experience and people having an asthma attack may need help straight away.

This resource satisfies the guidelines and standards approved by the National Asthma Council and Asthma Australia. The materials contained in this publication are distributed for information purposes only. Suitable medical and professional advice should be obtained before acting on any information contained herein.

Anaphylaxis Management

Potential allergic reactions to nuts, nut products, seeds & other food products

As you may be aware for some children even a minor exposure to nuts or foods containing nut products or seeds can set off a severe allergy which may cause loss of breathing.

The parents of children who may have a severe reaction would like you to help us make the school environment as safe as possible by exercising caution when packing school snacks and lunches. Whilst students with severe allergies can learn to manage and control what they eat there is no real way of protecting themselves from nut traces that may be present in the environment such as on clothing, furniture, drink taps and of course on other people's hands.

- Please avoid preparing school lunches with products that contain nuts, nut spreads, sesame products or chocolate that may contain nuts (e.g. Peanut Butter, Nutella and Tahini)
- As part of our Policy we do not encourage students to share food. All students will be encouraged to wash hands before and after eating.
- Please avoid packing any whole nuts as part of lunches for children under eight as they may get caught in small children's airways presenting as a choking hazard.