

Westgarth Primary School

Safe, Fair & Friendly



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This newsletter is published on our school website.

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Diary Dates 2023 — All Dates are COVID Dependent

TERM 3

Fri 21 Jul

Fri 14 July Year 5 and 6 Disco Thurs 20 Jul LLLL Dress Up Day

> Year 6 Division Netball Year 5 Table Tennis

Sun 23 Jul Working Bee 1.00pm - 3.00pm

Fri 28 Jul Year 5 Table Tennis

Sat 29 Jul Christmas in July WPS Trivia Night

Wed 2 Aug Prep 100 Days of School Wed 2 Aug - Fri 4 Aug **Australian Maths Competition**

Fri 4 Aug Year 5 Table Tennis

Sun 6 Aug Planned Kids Book Swap postponed until

after the Fete (TBC)

Tues 15 Aug **District Athletics**

Fri 18 Aug National Day Against Bullying

Year 5 Table Tennis

Wed 23 Aug - Thurs 24 Aug School Musical Fri 25 Aug Year 5 Table Tennis Tues 29 Aug **Back Up District Athletics**

Wed 6 Sept - Fri 8 Sept Year 4 Camp Thurs 7 Sept RU Okay? Day **Division Athletics**

Fri 15 Sept Last Day of term 3

(Students dismissed at 2.30pm)

Other Important Dates

Sun 8 Oct Working Bee 10.00am - 12.00pm WPS Celebrating Book Week Mon 9 Oct - Fri 13 Oct Mon 9 Oct Book Week Dress Up Day

Sun 15 Oct Fete

Fri 3 Nov Curriculum Day (Pupil Free Day)

Mon 6 Nov Professional Practice Day (Pupil Free Day)

Melbourne Cup Public Holiday Tues 7 Nov

Year 6 Graduation Thurs 7 Dec

Meeting Dates 2023

Fun and Fundraising Monday 17 July @ 8.00pm in the Staff Room

(Brooke Street)

Finance Tuesday 18 July @ 10.00am WebEx Education Tuesday 18 July @ 7.00pm WebEx **OSHC** Wednesday 19 July @ 10.00am WebEx Environment Thursday 20 July @ 8.00am Jo's Office School Council Wednesday 26 July @ 7.00pm Library



2023 Term Dates

10/07/23 - 15/09/23 T3 T4 02/10/23 - 20/12/23

OSHC services will be available via bookings for all curriculum days/pupil free days and early term dismissals

2023 School Council Date

26 July 30 August 25 October 29 November













Optional Homework



eSmart!



Be you!





<u>Library News</u>





Sport News





Kitchen Garden News

Enrol your child in Foundation (Prep) for 2024

A reminder to parents with a sibling starting school in 2024. Enrolments are now due. Make sure to submit your enrolment application by Friday 28 July 2023.

For more information, please read about when and how to enrol your child in Foundation at vic.gov.au/enrolling-foundation-prep.

If you are seeking to enrol your child into Foundation next year, you can access the enrolment form here or contact our school office on 9481 5577.



Bike found

If you recognise this bike or know who it might belong to please contact the school office. It was found in the school yard on Clarke Street.



Asthma Management

An asthma action plan allows you and your doctor to create an individual plan for you to manage your asthma. An action plan advises you about what you must do to stay healthy and what to do when your asthma is unstable and you need help.

There is no 'standard' asthma action plan, as everyone's asthma is different. Your plan needs to be written to deal with your individual triggers, signs and symptoms, and medications.

Your action plan might be based on symptoms, peak flow readings or both.

An asthma action plan outlines:

- How to care for your day-to-day asthma (it lists your regular medications and how many times each day you should take them)
- Key things that tell you when your asthma is getting worse or an 'attack' is developing, and the steps you should take to manage it
- Symptoms that are serious enough to need urgent medical help (with emergency information on what to do if you have an asthma 'attack').

Have your action plan reviewed every six months or after a severe asthma attack.

It is just as important for parents to obtain a clear, succinct, written summary of their child's asthma management (an Asthma Action Plan). This will provide a source of reference to reinforce the advice given by the doctor. This Asthma Action Plan is also an important tool for anyone caring for your child. It provides up-to-date, detailed information (including your child's emergency first aid plan) to help manage your child's asthma.

A copy of the asthma action plan is to be sent to your child's school, kindergarten, childcare centre or to anyone caring for your child.

When the child is old enough to understand, make sure that you explain asthma to them and encourage them to be aware of their symptoms and how to treat them.

Asthma First Aid

An asthma attack can take anything from a few minutes to a few days to develop. It can be a very frightening experience and people having an asthma attack may need help straight away.

This resource satisfies the guidelines and standards approved by the National Asthma Council and Asthma Australia. The materials contained in this publication are distributed for information purposes only. Suitable medical and professional advice should be obtained before acting on any information contained herein.

Anaphylaxis Management

Potential allergic reactions to nuts, nut products, seeds & other food products

As you may be aware for some children even a minor exposure to nuts or foods containing nut products or seeds can set off a severe allergy which may cause loss of breathing.

The parents of children who may have a severe reaction would like you to help us make the school environment as safe as possible by exercising caution when packing school snacks and lunches. Whilst students with severe allergies can learn to manage and control what they eat there is no real way of protecting themselves from nut traces that may be present in the environment such as on clothing, furniture, drink taps and of course on other people's hands.

- Please avoid preparing school lunches with products that contain nuts, nut spreads, sesame products or chocolate that may contain nuts (e.g. Peanut Butter, Nutella and Tahini)
- As part of our Policy we do not encourage students to share food. All students will be encouraged to wash hands before and after eating.
- Please avoid packing any whole nuts as part of lunches for children under eight as they may get caught in small children's airways presenting as a choking hazard.



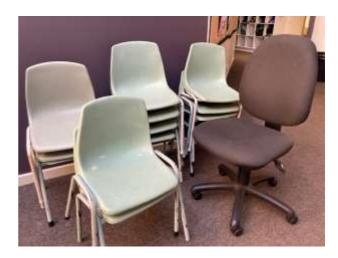
Free Furniture

In preparation for the new building on Clarke Street we have started clearing out some furniture the school no longer needs. Before it is disposed of we would like to offer it to the school community in the hope that it can be repurposed and become useful to a school family.

On offer at the moment are these child size chairs, one adult sized wheelie chair, and the bookcase pictured below.

Once classes are moved into new learning spaces in week 5 of this term more furniture will become available so keep an eye out for items via a Compass posts and the next newsletter.





Winter Warmer Fun!

You are invited to come along and join the WPS 'Christmas in July' **Working Bee** to give the grounds a wintry sparkle and glow!

When: Sunday 23 July

Where: Meet at the Kitchen Garden for jobs list

When: 1.00 pm - 3.00 pm

Please bring a small afternoon tea plate to share! (no nuts)

Prizes for best kid and adult costumes! Please RSVP to <u>kellieburns@live.com.au</u>

