

18 July 2016



Dear Parents and Carers,

As part of our inquiry unit 'Healthy Body, Healthy Mind', the Year 5 students are invited to share a breakfast on **Friday 22nd July** which promotes both healthy eating habits and positive social interaction with their peers. The breakfast will begin at **9.00 am** and will be hosted in the WEB space.

The cost of this activity is \$3, which is covered by the \$100 Activities Payment that was paid at the beginning of the year. If you have not forwarded the Activity Payment yet, please do so as soon as possible or enclose \$3 in an envelope and return to the classroom teacher.

Breakfast foods on the day will include fresh fruit, cereal, toast and a range of spreads.

Eating a meal with others fosters a sense of belonging and community through shared experience and discussion. The breakfast provides students with a chance to engage with their peers and teachers in an informal setting and build more positive relationships within the cohort.

Please sign and return the permission slip below as soon as possible so that we may cater accordingly.

Kind regards,
Cam, Kylie, Scott and Winter

**Healthy Breakfast Experience
Year 5 – Friday 22 July 2016**

I give permission for my child (name) _____ Grade _____ to attend the healthy breakfast experience in the WEB space on Friday 22 July 2016.

Please list **any** food allergies or intolerances _____

Signature of Parent/Guardian _____ Date ____/____/____