



Years 3-6
House Athletics Sports Day
Tuesday 2nd August 2016



15th July, 2016

Dear Parents/Guardians,

The annual House Athletics Sports Day will be held on Tuesday 2nd August at the Collingwood Harriers track. Students will be walking to and from the track in their class groups. Please ensure that your child is at school on time.

To run a successful event we rely on parents to help out on the day with timing track events, assisting teachers with a field event or scoring. Please fill out the form below if you are free to help by July 22. If you would like to assist walking students to and from the track on the day please see your child's classroom teacher (Working with Children Check required).

The results from the day will go towards determining which students are selected to represent the school at the Northcote District Athletics Day to be held on Friday 19th August. However, the main focus of the day is for students to participate and do their best and have fun! Students will earn points towards the overall house competition in the events. There are also points given out when teachers see students showing good sportsmanship. The planned timetable for the day is attached.

Students will need to wear/bring in a small backpack:

- Clothing and footwear (in their house colours if possible) suitable for athletics and the weather
- Playlunch and lunch in a bag (labelled)
- Refillable water bottle (labelled)
- Snacks – (healthy food)
- Asthma medication will be taken by individual students on the day in their backpack and will move with students to each event.

Auto-immune injectors will be taken by individual classroom teachers, which will be centralised on the day.

Thank you,
Rushe Lynch - P.E. Teacher

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Please return this note by 22/7/16 if you are available to help at Athletics Day on 2/8/16.
Please circle which session/s:

Morning session

Afternoon session

Name

Child's name/grade

Contact Number

PROGRAM FOR THE HOUSE ATHLETICS CARNIVAL 2016
PLAN FOR THE DAY (approximate times)

9.00	Students arrive at school & roll taken by class teacher
9.10	Students, staff & parent volunteers depart school and head for the athletic track
9.50	Welcome & house chants @ Collingwood Athletics Track
10.00 -12.30	Morning Session
12.20 – 2.35	Afternoon Session
2.35 -2:45	House chants
2:50	Walk back to school

Girl's Field Events

Girl's Field Events	10.10-10.30	10.30-10.50	10.50-11.10	11.10-11.30	11.30-11.50	11.50-12.10
8/9 years A	Discus	Activity A	Long jump	Activity B	Triple jump	Activity C
8/9 years B	Activity C	Discus	Activity A	Long jump	Activity B	Triple jump
10 years A	Triple jump	Activity C	Discus	Activity A	Long jump	Activity B
10 years B	Activity B	Triple jump	Activity C	Discus	Activity A	Long jump
11 years	Long jump	Activity B	Triple jump	Activity C	Discus	Activity A
12/13 years	Activity A	Long jump	Activity B	Triple jump	Activity C	Discus

Boy's Field Events

Boy's Field Events	12.30-12.50	12.50-1.10	1.10-1.30	1.30-1.50	1.50-2.10	2.10-2.30
8/9 years A	Discus	Activity A	Long jump	Activity B	Triple jump	Activity C
8/9 years B	Activity C	Discus	Activity A	Long jump	Activity B	Triple jump
10 years A	Triple jump	Activity C	Discus	Activity A	Long jump	Activity B
10 years B	Activity B	Triple jump	Activity C	Discus	Activity A	Long jump
11 years	Long jump	Activity B	Triple jump	Activity C	Discus	Activity A
12/13 years	Activity A	Long jump	Activity B	Triple jump	Activity C	Discus

Track events

BOYS- Morning Session 10am	GIRLS- Afternoon Session 12.30
100m (compulsory)	100m (compulsory)
8/9 yr, 10 yrs, 11 yrs & 12/13 yrs	8/9 yr, 10 yrs, 11 yrs & 12/13 yrs
200m (compulsory)	200m (compulsory)
8/9 yr, 10 yrs, 11 yrs & 12/13 yrs	8/9 yr, 10 yrs, 11 yrs & 12/13 yrs
800m (optional & if time permits)	800m (optional & if time permits)
8/9 yr, 10 yrs, 11 yrs & 12/13 yrs	8/9 yr, 10 yrs, 11 yrs & 12/13 yrs

Approximate times only