



**Years 3-6**  
**House Athletics Sports Day**  
**Tuesday 2<sup>nd</sup> August 2016**



**15<sup>th</sup> July, 2016**

Dear Parents/Guardians,

The annual House Athletics Sports Day will be held on Tuesday 2<sup>nd</sup> August at the Collingwood Harriers track. Students will be walking to and from the track in their class groups. Please ensure that your child is at school on time.

To run a successful event we rely on parents to help out on the day with timing track events, assisting teachers with a field event or scoring. Please fill out the form below if you are free to help by July 22. If you would like to assist walking students to and from the track on the day please see your child's classroom teacher (Working with Children Check required).

The results from the day will go towards determining which students are selected to represent the school at the Northcote District Athletics Day to be held on Friday 19<sup>th</sup> August. However, the main focus of the day is for students to participate and do their best and have fun! Students will earn points towards the overall house competition in the events. There are also points given out when teachers see students showing good sportsmanship. The planned timetable for the day is attached.

Students will need to wear/bring in a small backpack:

- Clothing and footwear (in their house colours if possible) suitable for athletics and the weather
- Playlunch and lunch in a bag (labelled)
- Refillable water bottle (labelled)
- Snacks – (healthy food)
- Asthma medication will be taken by individual students on the day in their backpack and will move with students to each event.

Auto-immune injectors will be taken by individual classroom teachers, which will be centralised on the day.

Thank you,  
Rushe Lynch - P.E. Teacher

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Please return this note by 22/7/16 if you are available to help at Athletics Day on 2/8/16.  
Please circle which session/s:

**Morning session**

**Afternoon session**

Name .....

Child's name/grade .....

Contact Number .....

**PROGRAM FOR THE HOUSE ATHLETICS CARNIVAL 2016**  
**PLAN FOR THE DAY (approximate times)**

<b>9.00</b>	Students arrive at school & roll taken by class teacher
<b>9.10</b>	Students, staff & parent volunteers depart school and head for the athletic track
<b>9.50</b>	Welcome & house chants @ Collingwood Athletics Track
<b>10.00 -12.30</b>	Morning Session
<b>12.20 – 2.35</b>	Afternoon Session
<b>2.35 -2:45</b>	House chants
<b>2:50</b>	Walk back to school

**Girl's Field Events**

Girl's Field Events	10.10-10.30	10.30-10.50	10.50-11.10	11.10-11.30	11.30-11.50	11.50-12.10
<b>8/9 years A</b>	Discus	Activity A	Long jump	Activity B	Triple jump	Activity C
<b>8/9 years B</b>	Activity C	Discus	Activity A	Long jump	Activity B	Triple jump
<b>10 years A</b>	Triple jump	Activity C	Discus	Activity A	Long jump	Activity B
<b>10 years B</b>	Activity B	Triple jump	Activity C	Discus	Activity A	Long jump
<b>11 years</b>	Long jump	Activity B	Triple jump	Activity C	Discus	Activity A
<b>12/13 years</b>	Activity A	Long jump	Activity B	Triple jump	Activity C	Discus

**Boy's Field Events**

Boy's Field Events	12.30-12.50	12.50-1.10	1.10-1.30	1.30-1.50	1.50-2.10	2.10-2.30
<b>8/9 years A</b>	Discus	Activity A	Long jump	Activity B	Triple jump	Activity C
<b>8/9 years B</b>	Activity C	Discus	Activity A	Long jump	Activity B	Triple jump
<b>10 years A</b>	Triple jump	Activity C	Discus	Activity A	Long jump	Activity B
<b>10 years B</b>	Activity B	Triple jump	Activity C	Discus	Activity A	Long jump
<b>11 years</b>	Long jump	Activity B	Triple jump	Activity C	Discus	Activity A
<b>12/13 years</b>	Activity A	Long jump	Activity B	Triple jump	Activity C	Discus

**Track events**

<b>BOYS- Morning Session 10am</b>	<b>GIRLS- Afternoon Session 12.30</b>
<b>100m (compulsory)</b>	<b>100m (compulsory)</b>
8/9 yr, 10 yrs, 11 yrs & 12/13 yrs	8/9 yr, 10 yrs, 11 yrs & 12/13 yrs
<b>200m (compulsory)</b>	<b>200m (compulsory)</b>
8/9 yr, 10 yrs, 11 yrs & 12/13 yrs	8/9 yr, 10 yrs, 11 yrs & 12/13 yrs
<b>800m (optional &amp; if time permits)</b>	<b>800m (optional &amp; if time permits)</b>
8/9 yr, 10 yrs, 11 yrs & 12/13 yrs	8/9 yr, 10 yrs, 11 yrs & 12/13 yrs

**Approximate times only**